



Escape to a world abounding in purity...  
A discreet hideaway of supreme indulgence,  
where unrivalled surroundings and holistic  
therapies merge to create a paradise of  
wellbeing on earth.

A world for elite travellers, who expect and deserve only the best.

  
**CARITA**  
PARIS

**MAZARIN**  
LUXURY HEALTH CLUB

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## Mazarin Luxury Health Club at the Diamond Deluxe Hotel

Capturing the essence of the crystal clear Aegean Sea and the charm and simplicity of the surrounding greenery, located in Lambi, where east and west winds merge, emanates Mazarin Luxury Health Club at the Diamond Deluxe Hotel.

A center of rejuvenation and wellbeing, expertise, knowledge and professionalism, Mazarin Luxury Health Club welcomes you with warm hospitality. Stylish facilities reflect a minimal Nirvana, with a luxurious baroque and oriental ambience.

The exceptional quality of treatments, by fully qualified therapists are recommended and tailored to your personal needs.

### The facilities of the Health Club include:

- Specially designed pool with power water jets for a rejuvenating full body hydromassage.
- A fully equipped fitness centre with Technogym technology.
- Relaxing Spa facilities include. Steam room, Sauna, Rasoul and wellness relaxing couches.
- Comprehensive menu of massages, facial and body treatments for men and women Please note that these services are not included in membership packages.
- Within the Health Club is the reputable and highly acclaimed hair salon, La Vogue, working with Kerastase products.

Discover a world of customized treatments adapted to your skins needs: Firmness, Miniaturization, Purity, Softness and Revitalizing.

Surrender to the soothing touch of our therapist's hands. Relax and release stress and tension through treatments that leave you feeling calm, balanced and blissful.

With any treatment you can you use before or after sauna, hamam and the in door swimming pool no charge.

### Signature Treatment Collection

**Complete Mazarin Harmony Treatment** 1 hr 15 min

A soothing back, neck and scalp massage begins this wonderfully relaxing therapy designed to relieve keys areas of tension and muscle tightness. Combined with the tailor made gold Carita's Facial the result is rehydrated, nourished and protected skin and an overall sense of calm and harmony.

**Ultimate Mazarin Face and Body Ritual** 1 hr 30 min

This treatment will leave you with a feeling of total well being and inner calm...From the crown of your head to the soles of your feet, this journey should not be missed.

The body is polished to perfection with essential oils and sea salts to reveal a youthful glow, incorporating a 'made to measure facial experience' with our Carita Facial, selected essential oils and marine extracts surge the skin with true beauty.

**Mazarin Body Cocoon** 2 hrs

Commencing with the drizzling of aromatic blended oils and the application of crushed sea salt, peel freshly mixed in front of you... to leave your skin feeling like silk followed by a deeply detoxifying body treatment, using micro-algae to boost toxin release and purify the skin. Finish with a holistic full body massage to refresh and moisturise your skin

## Mazarin Spa Private Suite

**Spa treatment time (per person)** 2 hrs / 3 hrs / 4 hrs

Ideal for couples, mother and daughter or a group of friends. The Dream Way Private Couples Suite is a haven of secluded tranquillity, designed for comfort and total privacy.

Holistic treatments inspired from around the world, each private spa experience can be tailored for your each and every need. The exclusive spa cuisine menu, Parisian flower and herbal foot welcome ritual and the personal 'music library' will ensure that your holistic spa time is perfect for you. Choose from the below treatment times and allow your spa therapist to create the package to suit your needs from our selections of holistic spa treatments:

An exclusive spa cuisine menu is available for you to enjoy within the private suite.

### Facial Collection

**Lift Firming** 60 min

Experience the effects of youth and radiance with this wonderful anti-ageing facial. Your skin is quenched with the power of perle powder and herbs extracts. Experience the renowned effects of Carita's anti-rides products that melt away fine lines. The result...a more plumped, radiant, hydrated and lifted skin.

**Cotton Softness** 60 min

A gentle therapy to soothe and calm oversensitive, irritated or sun damaged skins prone to redness and irritation. Saturated gauzes combined with cotton extracts, repair, calm and restore skin equilibrium bringing rapid relief to skin sensitivity. The result skin is left calmed, nourished and comfortable.

**Papaya Purity** 60 min

Ideal for combination, oily, congested, problematic skin, this complete deep cleansing purifying treatment combines traditional steam and extraction techniques with rebalancing lymphatic drainage massage. A detoxifying and anti inflammatory peel off mask with the power of papaya used to soothe calm and rebalance the skin to encourage a visibly clear complexion.

**Crystal Radiance** 60 min

A contouring and firming facial designed to combat the visible signs of ageing, excellent for mature, dry and dehydrated skin with spots. Innovative very powerful ingredients like the crystal leave the skin more white and regain the skins natural youthful glow. The result is instantly tightened and firmed skin, a superb brightener for special events & boosting skin vitality. Like real crystal!

**Express Hydration** 30 min

An express facial treatment, but so perfect! All the basic cosmetic steps give your skin the lost hydration and also you have the chance to choose your beauty mask in depends your skin needs as a result to make your treatment more personalized.

### Wrap and Scrub Collection

**Soft Satin Skin** 45 min

An exfoliating treatment of sunflower seeds that covers every square inch of your body. Your skin will undoubtedly feel silky and radiant!

**Gold Satin Skin** 60 min

This body treatment start with a full body scrub with drainage technique as a result the perfect detoxification all over the body. We finalized with a touch of gold and leave your skin needs totally smooth, soft and bright.

**Honey and Yoghurt Body Wrap** 60 min

An ultra moisturising and hydrating body envelopment designed to recondition dry, dehydrated or sun damaged skins. This treatment begins with a full body application of Honey and Yoghurt, famous for enriching and moisturising the skin. A perfect full body thirst quencher for tired sensitive skin.

**Detoxifying Seaweed Wrap** 60 min

A detoxifying, slimming and energy boosting treatment, this envelopment begins with gentle exfoliation to boost circulation combined with seaweed extracts to harness the powerful cleansing and remineralising benefits of the ocean.

This natural seaweed re-metabolises the body to efficiently kick start and maintain the elimination of toxins and waste. An essential body treatment to support a detox or weight management programme.

### Massage Collection

**Aromatherapy Massage** 50 min

Full body massage using essential oils with therapeutic properties. As the molecular structure of oils is very small, they can easily penetrate skin tissue, resulting in total rejuvenation and wellbeing.



**Diamond Mazarin Rejuvenating Massage** 60 min

A totally relaxing massage all over the body with special technique designed only for the Diamond Mazarin spa relieve your body and mind. Very calm and soothing massage taking the mind away of the hard lifestyle and stress. The absolutely relaxing treatment.

**Deep Tissue Massage** 60 min

The Main purpose of sports massage therapy is to help alleviate the stress and tension which builds up in the body's soft tissues during physical activity. One of the greatest benefits of sports massage is it helps to prevent muscular injury.

**Blissful Back, Neck and Shoulder Massage** 30 min

An express massage using warmed aromatic oils focusing purely on the back neck and shoulders to relieve tension and enhance wellbeing.

**Soothing Scalp Massage** 30 min

A relaxing and deeply healing scalp treatment to soothe away stress and tension. The neck, shoulders and scalp are massage with effective Indian fingerpoints and Shiatsu techniques. Warm aromatic oils treat the scalp and hair leaving you feeling revitalised.

**Revitalizing Foot Massage** 30 min

An ideal massage for tired, swollen feet and legs. Highly therapeutic for the whole body with reflexology finger points.

**Spa Packages**

**Detoxifying** 3 days

An Invigorating and stimulating spa package designed to eliminate toxins and fluid retention, leaves you feeling completely cleansed, revived and energised. Refresh your mind, body and spirit.

**DAY 1**

Use of all spa facilities / Soft Satin Skin / Soothing Scalp massage

**DAY 2**

Detoxifying Seaweeds Wrap / Papaya Purity

**DAY 3**

Gold Satin Skin / Deep Tissue massage

## Beauty

3 days

True Parisian chic. This all encompassing Beauty package will give you external radiance and internal harmony.

### DAY 1

Use of all spa facilities / Gold Satin Skin / Crystal Radiance

### DAY 2

Honey and Yoghurt Body Wrap / Aromatherapy massage

### DAY 3

Express Hydration / Spa Manicure / Spa Pedicure

## Escape

3 days

A total relaxing package focused on soothing calming and relieving muscular tensions. This package relieves fatigue and is an ideal way to lift the mind and body melting stress away.

### DAY 1

Use of all spa facilities / Soft Satin Skin / Diamond Mazarin Rejuvenating Massage

### DAY 2

Cotton Softness / Blissful Back, Neck and Shoulders massage

### DAY 3

Honey and Yoghurt Body Wrap / Aromatherapy massage

## Finishing Touches

### Waxing

Eyebrow wax-tidy	Eyebrow reshape
Lip wax	Face wax
Half leg	Bikini wax
Mochican	Half leg & bikini
Full leg	Full leg & bikini
Arms	Underarm
Back wax	Chest wax

Manicure 30 min

Spa manicure 40 min

Pedicure 45 min

Spa pedicure 60 min

French Polish

- Please ask about Special Offers currently available at Mazarin Luxury Health Club.
- For reservations please contact the Health Club Reception.
- A full range of treatment products are available for purchase.
- Gift vouchers are also available to treat the one you love.
- For your first visit, please ask for a free consultation from our experienced therapists to help us meet your needs.

## Opening Hours

10:00 - 19:00

## Health Club Etiquette

We kindly request that you follow the regulations below to ensure your experience at the Mazarin Luxury Health Club is as safe and relaxing as possible. Thank you for your co-operation.

- All visitors and members are required upon arrival at the reception to sign their name when receiving their locker key and return the key after use.
- We advise you not to carry any valuables as management cannot be held liable for loss or damage to any of your belongings.
- For the use of facilities and spa treatments we provide robes, towels and slippers to all guests.
- Consumption of alcohol and food is not allowed.
- Smoking is strictly forbidden within the Health Club.

## Treatment Etiquette

- We recommend that you arrive 15mins prior to your appointment time so that you can enjoy the full duration of your treatment. Late arrivals will not receive an extension to their treatment.
- We kindly request that you give 4 hours notice for cancellations to avoid a charge of 50% of the treatment cost.
- Please advise our staff of any health conditions you have that may affect or be affected by our treatments or facilities.
- All jewellery and clothing apart from underwear should be removed for your treatment. Single use underwear is available if required.
- Your comments are more than welcome.

## Membership Packages

Use of indoor and outdoor pool, Gym and relaxing spa facilities. Please contact the Health Club reception for subscription information. Packages are available for individuals, couples and monthly memberships.